

**What the Experts & Readers Are
Saying About Twenty Life-
Transforming Choices Adoptees
Need to Make**



Hi Sherrie,

It's great your book is coming out. I wanted to tell you that in the bibliography for the new edition of the BioEthics Encyclopedia I listed your book *Twenty Things ...*. The bibliography is at the back of the article on Adoption that I wrote with Annette Baran.

– Betty Jean Lifton, Ph.D.

This past Christmas, I came across your book while shopping for my twin girls; adopted through Foster Adoption. I read all I can to understand the special needs my daughter's have and to educate myself with the goal of being the mommy they need me to be.

In reading your book, I received a surprise gift; a much deeper understanding of my own struggles and issues as I was also adopted as a baby in 1954. I want to thank you for writing your book and for sharing so eloquently and sensitively the journey and the pain, the hope and the healing. It has blessed me as it has many others, I am sure. My husband is now reading your book and I have passed on to other friends my recommendation for reading your book.

– Debby Evans

Sherrie has written an honest book of courage, trust, and hope. She guides adoptees to look within at confused, Attachment angry, and painful feelings, and to look without to their families, friends, and religion. Sherrie's practical ideas, deep insights, and all-embracing sensitivity will be of great assistance to adoptees as they construct their life stories. Her core message: do not look away. Discover who you are.

– Dan Hughes, Ph.D. author of *Building the Bonds of Attachment*

Once again Sherrie Eldridge has written a very helpful book for the adoption community. This time her efforts have been directed toward adoptees and the twenty ways in which she encourages them to take

control of their own healing. Her Christian attitude is noted throughout the book and brings a spiritual aspect to the adoption issue.

– Nancy Verrier, MFT author of *The Primal Wound, Understanding the Adopted Child and The Adopted Child Grows Up: Coming Home to Self*

Packed with an enlightening combination of facts, personal vignettes, valuable suggestions and helpful resources, this is a book all adoptees must read.

– Foster W. Cline, M.D. Co-founder of Love and Logic and numerous books on parenting and therapy

This is a powerfully written book. Sherrie's revealing documentation of her insights for adoptees with her own and other's intimate, personal experiences dramatically highlight her difficult but liberating journey.

– Dale E. Theobald, Ph.D., M.D. director, Quality of Life Program, Community Cancer Care, Indianapolis, IN

Although geared toward adoptee concerns and beliefs, Sherrie Eldridge's latest book provides practical and spiritual information helpful to both adoptive and birth families as we try to better understand our adult children of adoption. Intertwined with Ms. Eldridge's personal adoption search and reunion experience are insightful anecdotes from adult adoptees across this country. Social workers, therapists and adoption professionals will find *Twenty Life-Transforming Choices Adoptees Need to Make* an important companion piece to Ms. Eldridge's first book, *Twenty Things Adopted Kids Wish Their Adoptive Parents Knew*.

– Marilyn Waugh, M.A. president, American Adoption Congress

Sherrie has captured so many things in this book! You will think, you will feel, you will cry, and you will laugh. The way Eldridge shares so much of herself will lead readers to discovering their own journey; Sherrie speaks clearly, emotionally, and accurately! Reunited and those adoptees not reunited, as well as their families--birth and adoptive--will find this book valuable.

– Gregory C. Keck, Ph.D. psychologist and coauthor of *Adopting the Hurt Child and Parenting the Hurt Child*

The author again provides us with an invaluable tool for understanding what the adoption experience is really all about.

– Dirck Brown, Ed.D. author of Clinical Practice in Adoption, past president of the American Adoption Congress, and Founder of the Post Adoption Center for Education and Research (PACER)

I just finished reading Twenty Life Transforming Choices Adoptees Need to Make. I am (about, I don't know my actual birthdate) 72 yrs. of age. I have feared reading any books about adoption all my life. I ordered several books on-line, and noticed yours. What an experience!

I was adopted when I was approximately 3yrs. old from an orphanage in Lansing Mi. My birth cert. (such as it is) says I was born in Detroit. My birthdate was chosen by my adopted parents, as there were no records for me, only that I had come to Lansing (I believe it was the State Orphanage) from Detroit.

I was so blessed, that I have never let my mind question anything. My wonderful parents adopted another child who was 10yrs. old when I arrived. The word 'adopted' was never mentioned in my family.

I found in your book many, many answers to my behavior. I have been a member of Alanon for over 25 years, thinking that living with active alcoholism had formed my patterns of life.

Now, at long last, I have the courage to explore my soul. I turned first to God, of course! That journey brought me to your book. Isn't it remarkable, to discover at age 72. My gratitude, that this has been found, is indescribable.

THANK YOU for writing this book, and making it available for someone like me.

– Mimi Price

As a social worker working with adoptive families and children I give my clients your book to read and to keep as a resource as their child grows older. Thank you for this wonderful information. With much appreciation for your wonderful contributions to the world of adopted children (as well as the rest of us!)

– Sharon Hardcastle